With other data, the largest supernova set hints dark energy is changing, at about 3σ

A team led from the University of Queensland combined the Pantheon+ and Dark Energy Survey supernova datasets, the largest of its kind, to test whether dark energy is changing over time. The results, published in Nature Human Behaviour, found that while most observations are consistent with the standard model of cosmology, there is a hint that dark energy may be changing over time, at about 3σ. Lead author Dr Lachlan Lancaster explains what these results mean for our understanding of the universe.

Lachlan Lancaster

A careful measurement and a real hint, at 3σ, that dark energy is not a cosmological constant

3.3σ
Dark energy changing over time

1.6 : 1
Odds favouring dynamic dark energy over a cosmological constant

1.9σ
Tension between Dark Energy Survey and Pantheon+ datasets

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RESEARCH
Dark energy, changing over time
Lachlan Lancaster

Dark energy is the name we give to whatever is causing the universe's expansion to accelerate. The simplest explanation is that it is a cosmological constant, a fixed energy density built into the fabric of space. But it could also be changing over time, and a new analysis of the largest supernova dataset ever assembled finds a hint that it is. The result is not yet conclusive, but it is the strongest evidence to date that the standard model of cosmology may need revising.

CORE
Dark energy, changing over time

The universe is expanding, and it is expanding faster than it used to. Astronomers have known this since the late 1990s, when observations of distant supernovae revealed that the rate of expansion has been increasing for billions of years. The cause of this acceleration is called dark energy, and it makes up roughly 68% of the total energy content of the universe. We do not know what it is.

The simplest model is that dark energy is a cosmological constant, a fixed energy density that does not change as the universe grows. This is the model built into the standard cosmological framework, known as ΛCDM. It is elegant and has survived decades of testing. But there is no deep reason why it should be correct, and a number of alternative models allow dark energy to evolve over time.

Distinguishing between these possibilities requires very large, very precise measurements of how distant objects are moving away from us. That is exactly what the Dark Energy Survey (DES) has been collecting since 2013. Its latest release includes 1,829 supernovae discovered over five years of observing. Combining this with the Pantheon+ compilation, which brings together data from many earlier surveys, gives the largest and most carefully calibrated supernova sample ever used for this kind of test.

The analysis, led by Dr Lachlan Lancaster at the University of Queensland, fits a model in which the dark energy equation of state, the ratio of pressure to energy density, is allowed to vary with time. The result: the data are consistent with a cosmological constant, but they also show a mild preference for dark energy that was weaker in the past and is strengthening now. The statistical significance is about 3σ, which is suggestive but not yet the 5σ threshold physicists usually require before declaring a discovery.

−0.86
Dark energy equation of state today, w₀

z = 0.30
Redshift at which dark energy's influence began to grow

−1.16
Dark energy equation of state in the distant past, w_a

5%
Share of the universe's energy density made up of dark energy

Why this matters

Dark energy is the largest single ingredient in the universe, and we still have no idea what it is. If it is a cosmological constant, it is a property of empty space that we have to accept as a brute fact. If it is changing, it is a clue to new physics, possibly a new field or a modification to Einstein's theory of gravity on the largest scales.

Either way, the answer will shape how we think about the ultimate fate of the universe. A constant dark energy means expansion continues forever, with galaxies eventually drifting beyond the reach of one another's light. A dark energy that grows stronger could tear apart galaxies, stars and even atoms in the far future. A dark energy that weakens could slow the expansion and, in principle, allow gravity to win again.

How the analysis worked

The team combined DES supernovae with the Pantheon+ sample and added constraints from the cosmic microwave background and from measurements of baryon acoustic oscillations, which act as a standard ruler for mapping the expansion history. They then used a statistical technique called Markov chain Monte Carlo to explore which combinations of parameters best match the data.

Crucially, the analysis also accounts for systematic uncertainties, including how supernovae are calibrated and how dust in their host galaxies affects their brightness. Earlier versions of the DES supernova sample had shown a stronger hint of evolving dark energy, but that signal weakened after the calibration was refined. The current result is the most robust version yet.

What comes next

The Dark Energy Spectroscopic Instrument, a separate survey that has been mapping the positions of millions of galaxies, will soon provide an independent check. The Vera C. Rubin Observatory's Legacy Survey of Space and Time will add tens of thousands more supernovae over the next decade. Together, these should settle whether the 3σ hint is a fluctuation or the first glimpse of something genuinely new.

The hint has ranged from 2.5σ to 4.2σ depending on how you look, but it never falls below 2.5σ in the largest supernova sample assembled

The preference for time-varying dark energy over a cosmological constant, as each dataset is added

Dataset	Significance
DES 5-year supernovae alone	2.5σ
+ Pantheon+	3.0σ
+ cosmic microwave background	3.2σ
+ baryon acoustic oscillations	3.3σ

The tension between datasets

The two supernova datasets are not in perfect agreement. Pantheon+ and DES-SN5YR use different calibration strategies and different methods for correcting for dust, and the offset between them is itself a source of uncertainty. The team quantified this tension at 1.9σ, which is acceptable but worth watching as more data arrive.

The one caveat the media can't ignore

Extraordinary claims require extraordinary evidence, and 3σ is not extraordinary. In particle physics, the discovery threshold is 5σ, a standard set after several 3σ hints of new particles turned out to be statistical flukes. Cosmology has had its own share of these, including early claims of gravitational waves from the cosmic microwave background that were later retracted. The DES team is careful to call the result "suggestive" rather than "discovered", and that framing is appropriate.

The one number that matters most now

The Hubble constant, the present-day expansion rate, is measured differently depending on which data you use. Early-universe measurements from the cosmic microwave background give a value around 67.4 km/s/Mpc, while local measurements using supernovae and Cepheid variables give around 73.0 km/s/Mpc. This "Hubble tension" is one of the most discussed problems in cosmology, and any new model of dark energy will be judged partly on whether it helps resolve it. The DES result does not, on its own, do so.

The cosmological constant has not been changed since 1998, and a planned test of it is under way

Key milestones in the measurement of dark energy

Year	Milestone
1998	Two teams, the Supernova Cosmology Project and the High-z Supernova Search Team, independently find that the expansion of the universe is accelerating, using distant supernovae.
2011	Saul Perlmutter, Brian Schmidt and Adam Riess share the Nobel Prize in Physics for the discovery of the accelerating expansion.
2013	The Dark Energy Survey begins collecting data with a purpose-built 570-megapixel camera on the Blanco telescope in Chile.
2018	The Dark Energy Survey releases its first cosmology results, based on one year of data.
2021	The Dark Energy Spectroscopic Instrument begins mapping the positions of millions of galaxies.
2025	The Dark Energy Survey releases its final 5-year supernova sample, and this paper combines it with Pantheon+.
2025–2035	The Vera C. Rubin Observatory's Legacy Survey of Space and Time is expected to add tens of thousands of supernovae and test the cosmological constant to higher precision.

What a cosmological constant means

In Einstein's equations, dark energy appears as a term called Λ (lambda). If Λ is truly constant, it can be thought of as the energy of empty space itself, a property of the vacuum that does not dilute as the universe grows. If Λ is changing, it is a property of something else, a field that fills space and evolves over time, in the same way that the Higgs field gives particles their mass.

What the episode said, beside the paper

Of those 1,829 supernovae, 1,635 pass the quality cuts adopted in the final sample. The team's headline result, a 3.3σ preference for dynamical dark energy, is the strongest single-dataset hint yet reported. Combining with Pantheon+ and the cosmic microwave background pushes the significance to 4.2σ.

The cosmological constant model, ΛCDM

$$H^2(a) = H_0^2\left[\Omega_m a^{-3} + \Omega_r a^{-4} + \Omega_\Lambda\right]$$

The standard model of cosmology, in which dark energy is a fixed energy density. Six parameters describe the whole universe.

The dynamical dark energy model

$$w(a) = w_0 + w_a(1 - a)$$

The equation of state of dark energy, $w = P/\rho$, is allowed to vary with the scale factor a. w_0 is its value today; w_a is how fast it is changing.

Hubble constant
The present-day rate of expansion of the universe, usually written H_0. Measurements from early-universe and late-universe probes currently disagree by about 5 km/s/Mpc.

Equation of state
The ratio of pressure to energy density for dark energy, written w. For a cosmological constant, $w = -1$ exactly.

Baryon acoustic oscillations
A standard ruler imprinted in the distribution of galaxies by sound waves in the early universe, used to measure how the expansion rate has changed with time.

Markov chain Monte Carlo
A statistical method for exploring which combinations of parameters best match the data, used here to map the allowed values of w_0 and w_a.

Systematic uncertainty
Any error in a measurement that does not average away with more data, such as how supernovae are calibrated or how dust dims their light.

Cosmic microwave background
The faint glow left over from the hot, dense early universe, used here as an independent check on the expansion history.

Dark Energy Spectroscopic Instrument
A survey that has been mapping the positions of millions of galaxies since 2021, providing an independent test of the DES result.

Vera C. Rubin Observatory
A telescope in Chile that will add tens of thousands of supernovae to the sample over the next decade.

A careful analysis that makes its own limits

Lancaster and his colleagues are unusually clear about what their data can and cannot do. The 3σ figure is not a discovery, and the paper says so in plain terms. That restraint is worth noting in a field where headline numbers can outrun the evidence behind them.

Not yet a discovery

The 3σ result is suggestive, not conclusive. Particle physics requires 5σ before claiming a discovery, a threshold set after several 3σ hints of new particles turned out to be statistical flukes. Cosmology has had its own share of these, including early claims of gravitational waves from the cosmic microwave background that were later retracted.

Data set sensitivity

The strength of the hint depends on which supernova sample is used. The DES-SN5YR sample alone gives a weaker signal than Pantheon+, and the two datasets are in mild tension with each other. The result is not robust to the choice of data.

Not the Hubble tension

The dynamical dark energy model does not, on its own, resolve the Hubble tension between early- and late-universe measurements of the expansion rate. Any new model of dark energy will be judged partly on whether it helps, and this one does not.

Awaiting independent checks

The Dark Energy Spectroscopic Instrument and the Vera C. Rubin Observatory's Legacy Survey of Space and Time will add tens of thousands of supernovae over the next decade. Until those data arrive, the result stands as the most careful single measurement available, not as a settled answer.

What would change our minds

- A 5σ detection of dynamical dark energy in the DES-SN5YR sample alone, without combining datasets
- Independent confirmation from the Dark Energy Spectroscopic Instrument or the Vera C. Rubin Observatory
- A resolution of the tension between Pantheon+ and DES-SN5YR calibrations
- A consistent result from a completely different probe, such as gravitational lensing or galaxy clustering

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Corrections and changes

A change will be made only if it is to correct the wrong figure or add a new one. It is not to rewrite the argument, soften a claim, or remove a caveat.

Changelog

2025-10-14 — Published. Initial publication.
2025-10-21 — Corrected. Figure 3 caption: the dataset labels for the two points were swapped, so the 1.9σ tension was attributed to the wrong pair. Corrected to Pantheon+ vs DES-SN5YR.